

## **Medication Management Agreement**

- Your practitioner has recommended medication to help manage your mental symptoms that have not been responsive to counseling alone.
- The purpose of medication management is to improve your ability to function from day to day, maintain interpersonal relationships, and properly care for yourself.
- All medication comes with the potential for risk, and these are different depending on what type of medication you are prescribed. Your practitioner will discuss these potential risks with you.
- For your safety and to optimize your treatment, you agree to the following with respect to medication management:
  - Initial prescriptions for medications will be provided only after you have been assessed by your practitioner.
    - Your practitioner will determine whether refills are appropriate prior to your next appointment.
    - New Path will not call-in refills nor accept requests for refills from your pharmacy.
    - You are responsible for safeguarding your medications. Lost or stolen medication will not be refilled.
  - Any changes in your medication management program will be made only after you have been assessed by your practitioner.
    - Medications may not relieve your symptoms immediately. If your symptoms do not improve as expected, or if you have an adverse reaction, please contact us to schedule an additional appointment with your practitioner.
  - To help reduce the risk of serious drug interactions, your practitioner will review your current medications when developing your medication management plan. If you currently take OPIATE pain medication, your practitioner will NOT prescribe medications that have a high risk of serious interactions with opiates, including, but not limited to:
    - Ativan
    - Klonopin
    - Xanax
    - Valium
  - You will not seek or receive medications for your mental symptoms from more than one practitioner. Your practitioner will review your prescriptions through the Arkansas Prescription Drug Monitoring Program and may terminate your services if you do not comply with your medication management program.

- You agree to cooperate with any drug testing recommended by your practitioner and understand that services may be terminated if the results reflect noncompliance with your medication management program or use of illicit substances.
- Research shows that management of mental symptoms is greatly improved when medication management is combined with psychotherapy. Therefore, we highly recommend that you participate in therapy during your course of treatment.
- Approximately 20 minutes will be set aside for your medication management appointments. Please be on time and prepared to ask any questions you may have.
- The cancelation policy applies if you do not attend your appointment or fail to cancel within 24 hours. After three missed appointments, your services may be terminated. Missed appointments will not be rescheduled until any cancelation fees are paid in full, or an appropriate repayment plan is in place.
- To obtain medication from our providers, you will be set up with a blood pressure cuff to monitor and report back monthly blood pressure readings and pulse rates. This will be at no additional cost to you and will help to ensure you are able to safely take whatever medication is provided to you. You will agree to send these readings in every month, or at the request of the office, with the knowledge that a refusal to do so could result in medication being withheld and not sent to your pharmacy.

I have read this form, or it has been read to me, and I understand and agree to its contents. I have had the opportunity to ask questions, and all of my questions have been answered. My signature below indicates my agreement to the terms and conditions of this medication management agreement.

Patient Name	Legal Representative / Relationship
SIGNATURE OF PATIENT/ LEGAL REPRESENTATIVE	DATE
PRACTITIONER	 DATF